

# ST Luke's

HEALTHCARE  
FOR THE CLERGY

➤ *Continuing*  
to make a  
difference



# St Luke's Healthcare for the Clergy

*↻ Caring since 1892*

## CONTENTS

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02 Chair's foreword

---

03 Our vision  
We have changed

---

05 **Physical health:** Widening  
our network of support

---

07 **Psychological wellbeing:**  
A new, balanced focus

---

09 Financial information

---

10 Support St Luke's

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### **Royal Patron**

His Royal Highness, The Prince  
Philip, Duke of Edinburgh KG KT

### **President**

The Archbishop of Canterbury

### **Honorary Vice President**

The Rt Revd Lord Hope  
of Thornes KCVO PC

## CHAIR'S FOREWORD

The last 12 months have been a period of consultation and planning for St Luke's.

In my role as incoming Chair, I must first express my deep gratitude to our previous chair Patrick Mitford-Slade who so adeptly steered us through some difficult times and with a steady hand brought us through the period of evaluation and developing our strategy for the future.

We have learnt a great deal from our consultation and we are extremely grateful to all those who gave their valuable time and insight to help us plan for our future.

Our 120 year history of caring for the clergy and their families is the foundation for a great future for St Luke's; a future with us listening to our beneficiaries and developing a broader range of services to support their wellbeing.

This report focuses on that future and the opportunities we have to make a real difference to the Anglican clergy and their families.

We are moving forward with a new momentum, a nationwide vision and a collaborative outlook. We enter a new phase in the life of our organisation with a stronger and more agile approach to serve the clergy in 2011 and the future. We look forward to the next 120 years with optimism, clarity of focus and renewed vigour.

I thank you all for your continued support and welcome your involvement with St Luke's.

**Bernard Cazenove**  
Chair of Trustees

## THANKS

Our ongoing thanks are due to Neil Stevenson, our General Secretary and Hazel Adams, our Medical Secretary as well as all of our Honorary Consultants who provide such tremendous support for our beneficiaries – the Anglican ministry and their families.

**Our vision:**

*➤ A physically and psychologically healthy Anglican clergy – with healthy families*



## ST LUKE'S HEALTHCARE FOR THE CLERGY HAS CHANGED

We have changed – our previous offering, which primarily focused on Physical health referrals with some (fewer) Psychological health referrals, has broadened.

Having undertaken research and subsequent evaluation, we are adopting a more balanced strategy with equal focus on both Physical health referrals and Psychological health referrals (and some ongoing support to fund treatments).

In developing our clear vision and mission, we have simply remained true to our charitable objectives and used these as the foundation for a strategic plan for the medium and long term. In the medium term, we have developed an approach to take us through to mid-2013. By then, we plan to have fully regained our momentum and be offering physical and psychological health referrals to as many members of the clergy and their families as we can.

We will further develop our website, to create a 'hub' of information relating to the health and wellbeing of the clergy and their families – signposting the visitor to available support organisations other than our own, and providing them with clear, appropriate information on issues that may be causing them concern.

We recognise that in order to offer the greatest level of support, we will need to work in partnership with a range of organisations to deliver services in a manner that is in keeping with our values.

In caring for the clergy we are uniquely placed to identify common themes relating to their health and wellbeing, which we will be committed to sharing at a diocesan level to aid the development of broad clergy related issues that can be addressed and considered by them as employers. We shall do this while retaining total confidentiality in relation to our beneficiaries.

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*➤ a more balanced strategy with equal focus on both Physical and Psychological health referrals*

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As ever, we remain focused on providing support to individual clergy members and their families – we will undertake all our activity in total confidence and ensure that our partners operate in the same fashion.

To secure the future of St Luke's and the continuation of our work, we have developed an agile communications and fundraising strategy which we will monitor and develop as we move forward.

## Physical health: *➤ Widening our network of support*

Our heritage and history tell the story of the impact of our work with the clergy and their families in need of support for physical health reasons.

This work continues and we are in the process of widening our network of Honorary Consultants to cover a greater geographical reach.

The findings of our research told us that the days of our beneficiaries travelling to London for physical health support are over: and that a more localised support network would enable more people to access appropriate medical support in a confidential and timely manner.



## THE PATH TO PHYSICAL HEALTH SUPPORT WITH ST LUKE'S

You are concerned about a physical health issue and may like a second opinion.

Contact St Luke's via phone or email to find out if we are able to assist.

**Tel: 020 7898 1700**

**Email: [medical@stlukeshealthcare.org.uk](mailto:medical@stlukeshealthcare.org.uk)**

You have seen your GP and now wish to be referred to a St Luke's Honorary Consultant.

Your GP sends the referral letter to St Luke's. On your behalf and in confidence we will refer you to one of our Honorary Consultants. The Honorary Consultant will contact you to arrange a mutually convenient appointment for you to meet with them to discuss your concern.

You have met with an Honorary Consultant and require surgery.

The Honorary Consultant will either refer you back to your local NHS services or they will continue treating you at their NHS hospital. St Luke's is looking at other ways that it can support treatments not covered by the NHS.

The specialities of our Honorary Consultants range from Neuro-Otology to Tropical Medicine.

We cannot guarantee to have an Honorary Consultant in precisely the discipline of your need, but the scope of their offering is wide, and there are few beneficiaries indeed to whom we have to give a negative response: we should always be asked whether we can help, whatever the case.

## Psychological wellbeing: *➤ A new, balanced focus*

Maintaining a healthy mind is not easy in the midst of the pressures of ministry.

Competing demands on time and energy make it hard to pay conscious attention to building long term resilience. The pressures that many of the clergy and their families experience will impact on their mental and emotional wellbeing.

Having undertaken research, our findings identified a need for psychological wellbeing support services to be available.

That research tells us that there is a broad range of psychological health and wellbeing issues that may affect the clergy and their families, so, together with our traditional referral service, we have forged partnerships with allied organisations, and developed our website as a resource which we hope will be useful for exploring some of these issues. We have linked our site to organisations that may offer more expansive support on some of these issues.



## THE PATH TO PSYCHOLOGICAL WELLBEING SUPPORT WITH ST LUKE'S

You are concerned about a psychological health issue and would like to access additional information through a trusted resource.

Our website [www.stlukeshealthcare.org.uk](http://www.stlukeshealthcare.org.uk) has detailed information on issues that may be causing you concern. There are also links to reputable organisations offering more detailed support.

You are struggling and would like to talk to someone about issues affecting your psychological health.

Contact St Luke's via phone or email on  
**Tel: 020 7898 1700**  
**Email: [medical@stlukeshealthcare.org.uk](mailto:medical@stlukeshealthcare.org.uk)**  
On your behalf and in confidence we will refer you to one of our Honorary Consultants.

You have seen one of our Honorary Consultants and would appreciate additional counselling or support.

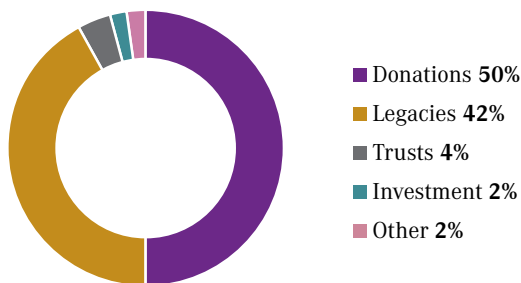
In certain circumstances, St Luke's may be able to offer some financial assistance to pay for a period of treatment with one of our Honorary Consultants or pay for treatment through one of our partners. This is likely to be for a limited time only, after which individuals would need to source other funding. In other circumstances you will be referred back to your local NHS services.

## Financial information taken from the full Report & Accounts 31 March 2011

### BALANCE SHEET

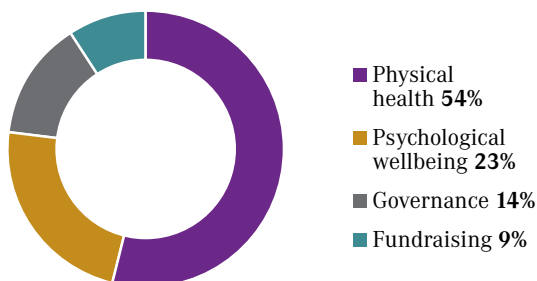
Incoming resources	£179,779
Resources expended	£139,090
Net incoming resources	£40,689
Funds brought forward	£881,772
Total funds carried forward	£922,461
<b>TOTAL FUNDS AFTER 6 MONTHS THIS FINANCIAL YEAR</b>	<b>£1,637,923</b>

### INCOME TO 31 MARCH 2011



The significant increase in our overall resources in the last six months is due to two very generous bequests: legacy income is enormously important to us – but there can be no substitute for regular donations, on which we rely, since the income from our capital resources (at current rates of interest) is simply not sufficient for us to undertake our work satisfactorily.

### EXPENDITURE TO 31 MARCH 2011



The summary financial information (left) shows the total incoming resources and resources expended and also how these are split by type. Also shown is the total funds position after 6 months of this financial year. The information relating to the year ended 31 March 2011 is taken from the full financial statements which were approved by the Trustees on 5 September 2011. In order to gain a full understanding of the financial affairs of the charity, the full audited financial statements, Trustees' Annual report, and Auditors' report should be consulted. Copies can be obtained from the charity.

Signed on behalf of the Trustees.

**Bernard Cazenove**  
Chair of Trustees

**Edward Martineau**  
Trustee

# Fundraising:

## ➤ *How can you help?*

### Support St Luke's

As we widen our focus and ambition to support as many clergy members and their families as we can, we must also ensure that we are financially able to deliver this support.

Our heritage and the relationships that we have built have enabled us to support the Anglican ministry thus far. Now, with our new momentum, we will be actively seeking new funding opportunities and undertaking greater fundraising activity.

Without a physically and psychologically healthy Anglican ministry many of our communities may be poorer. Many ministry members have huge pressures placed on them from all angles, and as a vocation and an occupation this does impact on their wellbeing.

Your support is imperative to keep the ministry well. You can help St Luke's by:

➤ **REGULAR GIVING**

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➤ **ONE-OFF DONATIONS**

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➤ **EVENTS/SPONSORSHIP**

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➤ **LEGACY DONATION**

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Alternatively, download a donation form online at **[www.stlukeshealthcare.org.uk](http://www.stlukeshealthcare.org.uk)**



## St Luke's Healthcare for the Clergy

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